



THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

MEDICATION ABUSE -- DO YOU KNOW WHAT IS IN YOUR MEDICINE CABINET?

with **Melissa Heinen, MPH**

A 6 HOUR TRAINING EVENT ON FRIDAY, OCTOBER 22, 2009

8:30 a.m. – 3:30 p.m. (registration begins at 8:00 a.m.)

at Dr. Thomas Fox Memorial Chapel, Main Building, 105 Pleasant St, Concord, NH

DESCRIPTION OF THE PRESENTATION: Over-the-counter (OTC) and prescription (Rx) drug abuse is on the rise. In 2004, poisoning became the second leading cause of death from unintentional injury in the U.S. Nearly all of these deaths resulted from the abuse of prescription and illegal drugs. The number of unintentional poisoning deaths increased 171% in New Hampshire from 1999-2004. The majority of these unintentional poisonings were due to substance abuse overdoses. Many people mistakenly think abusing medicine is safer than abusing illegal drugs. OTC and Rx medications have widespread availability and easy access; thus complicating prevention. Many people do not realize that abuse of medications can be poisonous. Find out more about this growing public health problem and learn what you can do in your community or agency to prevent this epidemic. Objectives –

- ❖ Understand the epidemiology of medication abuse.
- ❖ Identify medications abused and their health effects.
- ❖ Describe the symptoms associated with different medicines.
- ❖ Recognize poison center services related to medication abuse.
- ❖ Understand the key prevention messages and strategies.

CPS Category: ATOD

LADC Performance Domain: I, II, IV & V Cat. of Competence: 1, 2, 13, 14, 15, 16 & 17

ABOUT THE PRESENTER: Melissa Heinen, RN, MPH is the Education and Research Coordinator with the Northern New England Poison Center, where she provides technical assistance to preventing a variety of poisonings, including medication abuse. She has a variety of presentation experience and has worked with several agencies to increase poison/substance abuse prevention efforts throughout the state and region. Additionally she has worked for the Centers for Disease Control, National Center for Health Statistics; the Hennepin County Community Health Department, Indian Health Service, and the Mayo Medical Center. Melissa earned a Master of Public Health degree in Epidemiology with a concentration in injury from the Univ. of Minnesota, School of Public Health and a Bachelor of Science in Nursing at Winona State University. Melissa is a Registered Nurse in NH.

Register by: October 15, 2009

Four scholarships are available to community volunteers. For information and application call Melissa Heinen at (207) 232-9832 or email at heinem@mmc.org.

Fee: NHADACA Members \$25 Non-Members \$35 Lunch will be provided
For registration information contact: Dianne Pepin, 528-6800 or nhtiad@myfairpoint.net

REGISTRATION FORM:

Name:			
Title:			
Agency:			
Mailing Address:			
Email Address:			
Work Phone:			
Home Phone:			
NHADACA Member?	YES	NO	
Who is responsible for payment ?	Agency Contact Email Address:		
Training (s) you are registering for:	Fee	Add \$5.00 for NASW credits	Total fee
Date Title			

REGISTRATION FEES:

NHADACA Members \$25.00
for 6 hour trainings (unless otherwise listed)
multi-day trainings priced differently

Non-Members \$35.00
for 6 hour trainings (unless otherwise listed)
multi- day trainings priced differently

NASW credits \$ 5.00 per training

Make checks payable to NHADACA.

TOTAL FEE SUBMITTED:

For more information, or to send registration forms or cancellation notice, please contact:

NHTIAD REGISTRATION AND CANCELLATION POLICY

All registrations and cancellations must be received in writing via mail, email or fax.
If registration is not accompanied by payment, you or your agency, are still responsible for full payment and, in the event of non-attendance/NO SHOW (without proper cancellation as outlined below) will be sent an invoice, as materials and food have been purchased in reliance on your registration. No refunds will be issued.
You may cancel your registration up to seven days before the training by transferring your registration to another NHTIAD training of your choice within 12 months or by sending a substitute from your organization. No refunds will be issued. If you need to cancel less than seven days prior to the designated training, there will be no refund,

however you may send a substitute in your place. When using US mail, the postmark will determine date of cancellation.

Apart from inclement weather or trainer illness, if NHTIAD must cancel a training, this determination will be made ten days prior to the date of the training, and you will have the option of a full refund or transferring your registration to another training. In the event of trainer illness or weather cancellation as determined by NHTIAD, NHTIAD will make every reasonable effort to reschedule the event in a timely fashion. You will have the option of attending on the new date, a full refund, or transferring your registration to another training. To verify if an event is being cancelled due to weather conditions, call (603) 528-6800, after 6:30 a.m. the morning of the event. The answering machine will have any cancellation information, if needed. If you call, and there is no message referencing cancellation, then the training is proceeding as scheduled.

Send registration or cancellation information to:

Mail: Dianne Pepin
c/o NHADACA
25 Country Club Rd, # 604
Gilford, NH 03249

Email: nhtiad@myfairpoint.net
nhtiad@gmail.com
Fax: (603) 528-2105

DIRECTIONS TO THE DR. THOMAS FOX MEMORIAL CHAPEL IN CONCORD, NH

From the South (Manchester): Take I-93 North, to exit 13. Turn left at the end of the exit. Turn left at the third light onto Pleasant Street. Once on Pleasant Street go straight through three sets of lights then turn left into State Office Park South. Park in the large lot directly in front of you or bear right for other visitor parking. Main Building will be up the hill on the right. Enter Main Building, check in with security, then follow signs to the chapel. The Dr. Thomas Fox Memorial Chapel is straight up the stairs at the 2½ floor landing.

From the West (Keene): Take Route 9 to I-89 South/Concord. Take exit 2. Turn right at the end of the ramp (down the hill). At the first light, turn left onto South Fruit Street. At the next light, take your immediate right onto Pleasant Street. Just over the next hill, turn right into State Office Park South. Park. Park in the large lot directly in front of you or bear right for other visitor parking. Main Building will be up the hill on the right. Enter Main Building, check in with security, then follow signs to the chapel. The Chapel is straight up the stairs at the 2½ floor landing.

From the North (Plymouth/Berlin): Take I-93 South to exit 14. Turn right at the end of the exit. Take a left at the second set of lights onto Main Street. Turn right onto Pleasant Street. Once on Pleasant Street go straight through three sets of lights then turn left into State Office Park South. Park in the large lot directly in front of you or bear right for other visitor parking. Main Building will be up the

hill on the right. Enter Main Building, check in with security, then follow signs to the chapel. The Chapel is straight up the stairs at the 2½ floor landing.

From the East (Portsmouth): Take Route 4 to I-393 to Concord. Stay straight on I-393 to North Main Street, turn left at the light onto North Main Street. Staying straight through Main Street, you will turn right at the 4th light onto Pleasant Street. Once on Pleasant Street go straight through three sets of lights then turn left into State Office Park South. Park in the large lot directly in front of you or bear right for other visitor parking. Main Building will be up the hill on the right. Enter Main Building, check in with security, then follow signs to the chapel. The Dr. Thomas Fox Memorial Chapel is straight up the stairs at the 2½ floor landing.

Drive Safely.

If you are concerned about a training being cancelled due to the weather conditions, call (603) 528-6800, **after 6:30 a.m. the morning of the event**, to check the status. The answering machine will have any cancellation information, if needed. If you call, and there is no message, then the training is proceeding as scheduled.