



# THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

## CO-OCCURRING DISORDERS IN YOUTH: OFFERING HOPE AND HELP WITH MENTAL HEALTH AND SUBSTANCE MISUSE

with Ann Duckless

1 HOUR WEBINAR TRAINING

**PRESENTATION:** Mental health issues often surface in school settings. Nationally, 1 in 5 youth will experience a serious emotional disorder. When additional stresses of substance misuse enter the picture, it often becomes more difficult to seek help (on the part of the youth) and to recognize what issues need immediate help (on the part of adults). *This webinar is intended for participants who do not have extensive experience in the field of mental health, since an overview of thought and mood disorders that often impact youth development will be offered, as well as the complicating intersection with substance misuse.* It is imperative that we as providers embrace hope with early detection of mental health and substance use disorders, and to openly acknowledge that treatment works, and recovery is possible.

Participants will:

1. Learn the signs and symptoms of thought and mood disorders and how to effectively intervene.
2. Understand the complexity of co-occurring disorders, with the intersection of mental health and substance misuse challenges.
3. Be aware of treatment implications when involving trauma and loss.

**PRESENTER:** **Ann Duckless**, has worked at NAMI NH in the Connect Suicide Prevention Program for the past eight years, offering trainings in suicide prevention and postvention to a variety of audiences, to include college campuses, military installations, tribal nations, and communities. She brings over 20 years of experience in substance abuse prevention and treatment to the Connect Program. Ann's varied professional work experiences including teaching at the high school and college levels, inpatient and outpatient counseling for substance abuse-addictions, youth prevention community work at the statewide level, and a unique systems perspective in dealing with public health issues. Trained as a cultural competence trainer by the Anti-Defamation League, Ann embraces and promotes cultural sensitivity to issues of gender, race, ethnicity, language, religion, disability, and sexual orientation/identity. Ann is a foster parent who also teaches classes to other foster/adoptive parents. Her work in suicide prevention honors the students and friends she has known who have died by suicide.

**Fee:** NHADACA Members: Free; Non-Members: \$15

For registration information contact: 603-225-7060, [training@nhadaca.org](mailto:training@nhadaca.org)

### 1 Contact Hour Available

**CRSW Performance Domains:** 1-2 & 4

**LADC/MLADC Categories of Competence:** 5-8, 13, 15-18

**Certified Prevention Specialist Domains:** 1-4 & 6



**NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A**

*(NH Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified. NHADACA is solely responsible for all aspects of the program).*

### Schedule

On Demand