



THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

THE HIGH SCHOOL TO COLLEGE TRANSITION... A RISKY TIME THAT IS NOT AS EASY AS WE MAKE IT SEEM

with Lee Anne Dodge, MEd, CPS

1 HOUR WEBINAR TRAINING

PRESENTATION: This course will focus on the transition issues that high school seniors will face if they go onto higher education. Colleges and universities assume that the high schools are adequately preparing their students for this immense transition while high schools hope that the colleges and universities have orientation sessions that will best prepare incoming students. This is not always happening. One of the major risk factors is in the amount of free time incoming college students have to manage-and for some they fill it with high risk choices that can impact their academics, mental health, and overall student success. This course will cover evidence-based strategies for preventing and intervening with alcohol and other drug use among 18-25 year olds. Patterns of use, individual risk and protective factors, and campus-community environmental factors which influence substance use among this population will be explored. Emphasis will be placed on implementing a comprehensive web of strategies to create change in individual and community behaviors, attitudes, and norms around 18 to 25-year-olds' substance use. This course will also share screening and brief intervention tools and strategies which have been found to be effective at reducing high-risk alcohol and marijuana use. The need to enhance the continuum of care for college students' substance use will also be discussed briefly, specifically, examples of ways to integrate referral to treatment and recovery support services into campus-community systems. Particular emphasis will be placed upon college settings, although the considerations for 18 - 25-year-olds in non-college settings will also be addressed. Through activities and discussions, participants will: Name three important developmental considerations for 18 -25-year-olds around substance use disorder prevention; Describe three effective prevention strategies for the 18 - 25-year-old population; and describe two or more models/tools for substance use disorder screening, brief intervention, referral to treatment, and/or recovery support which specifically meet the need of 18-25 year olds.

ABOUT THE PRESENTER: Lee Anne Dodge has a Master's Degree in Adult and Higher Education, is a Certified Prevention Specialist, and a *Prime For Life* instructor for Maine's Driver Education and Evaluation Program. She is the program director for one of the 18 Drug Free Communities in Maine: *SoPo Unite*-in South Portland. She has worked in the substance use prevention field for over 25 years with a focus on using environmental strategies to reduce substance use in communities and on college campuses. She coordinated wellness and substance use prevention and intervention at the University of Southern Maine and facilitated the BASICS program (Brief Alcohol Screening and Intervention for College Students). She serves on Maine's Prevention Certification Board and has served on Maine's Governor's Substance Abuse Services Commission and was an associate with the Center for the Application of Prevention Technologies and has taught the Center for Substance Abuse Prevention Substance Abuse Prevention Skills Training. Lee Anne grew up in Walpole, N.H. and worked at the University of New Hampshire in Residential Life and the New Hampshire Teen Institute.

Fee: *NHADACA Members: Free *Non-Members \$15; 1 NBCC hour included
For registration information contact: 603-225-7060, traininginstitute@nhadaca.org

1 Contact Hours Available

Certified Prevention Specialist Domain(s): 1, 4 & 6

LADC/MLADC Categories of Competence: 5, 13, 15

CRSW Performance Domain(s): 3, 4

NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A

(... Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified. NHADACA is solely responsible for all aspects of the program).

Schedule

On Demand