



# THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

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## PAIN AND STRESS

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with Nicolas Ruf, MA, LADC

1 HOUR WEBINAR TRAINING

**PRESENTATION:** This 1-hour webinar presentation will discuss how physical and emotional pain relates to each other. We will explore how the attempts to escape, repress, or avoid emotional pain cause more pain. The relation of stress to pain to co-occurring disorders will be addressed, along with some suggested interventions and treatments. As a result of this training participants will:

- Be able to relate stress, physical and emotional pain to brain areas
- Be able to connect the origin and progression of co-occurring disorders to pain.
- Learn to offer strategies for intervention and treatment.

**PRESENTER:** Nicolas Ruf, MA, LADC has been an instructor and coordinator of Maine's impaired driver countermeasures programs (DEEP). He has taught undergraduate and graduate courses in addiction biology and co-occurring disorders, and has presented workshops on these topics to substance abuse and mental health professionals, medical and school personnel, and other interested parties from Maine to Hawaii to the Caribbean for more than 25 years.

**Fee:** NHADACA Members: Free; Non-Members \$15

For registration information contact: 603-225-7060, [training@nhadaca.org](mailto:training@nhadaca.org)

### 1 Contact Hours Available

**Certified Prevention Specialist Category: 6**

**LADC/MLADC Categories of Competence: 14, 16-18**

**CRSW Performance Domains: 4**



**NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A**

*(NH Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified.*

*NHADACA is solely responsible for all aspects of the program.*

### Schedule

On Demand