

## THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

**Presents:** 

## TRUST: TREATMENT FOR STIMULANT USE DISORDER: MAXIMIZING EVIDENCE BASED PRACTICES

with Albert Hasson, MSW 1 HOUR WEBINAR

**PRESENTATION:** Behavioral approaches are the most widely used clinical strategies for treating individuals with substance use disorders (SUD). Contingency management/Motivational Incentives is the approach with the most robust impact in helping individuals reduce/discontinue their stimulant use. Other approaches with evidence of efficacy are community reinforcement approach, cognitive behavioral therapy, motivational interviewing and physical exercise. The implementation of these EBPs (especially contingency management) face significant challenges. One model for integrating EBPs into a unified "protocol" that is currently being used (TRUST) will be described. As a result of this training participants will be able to:

- Identify clinical challenges for individuals with methamphetamine use disorders.
- Learn about the benefits and challenges of Contingency Management (Motivational Incentives) strategy.
- Learn about the benefits and challenges of Community Reinforcement Approach.
- Learn about the benefits and integration of exercise in treatment
- Learn about TRUST: An integrated behavioral Model

**ABOUT THE PRESENTER:** Albert L. Hasson received his MSW from the UCLA, and has worked in the field of addiction medicine as a researcher, treatment provider and trainer since 1977. He began his career working as a research associate at the Sepulveda Veterans Administration Medical Center evaluating naltrexone for the treatment of opioid use disorders. Mr. Hasson was the regional director for Community Health Projects opioid treatment centers (now Aegis Medical Systems) on the central coast of California from 1982-89. Mr. Hasson participated in the development of the evidence-based Matrix Model, a cognitive behavioral intervention for the treatment of stimulant disorders, and established the Matrix Institute on Addictions, Los Angeles opioid treatment program in 1992 which serves individuals with co-occurring mental and physical health and substance use disorders.

Mr. Hasson served as the Chairman of the Board for the Matrix Institute from 1993 to 2005. During his role as the Node Coordinator of the Pacific Region Node of the National Institute on Drug Abuse, Clinical Trials Network, Mr. Hasson provided oversight for the development and conduct of large, multi-site clinical trials evaluating medications and behavioral therapies for substance use disorders. He has served as a project director and trainer for the Pacific Southwest Addiction Technology Transfer Center at the UCLA Integrated Substance Abuse Programs, where he provided 60+ trainings annually over the last four years, on the topics of Motivational Interviewing, Contingency Management, Co-Occurring Disorders, the American Society of Addiction Medicine Criteria, Medications for Addiction Treatment, including training health care staff within the California Department of Corrections and Rehabilitation. Mr. Hasson recently retired from UCLA and is the Clinic Administrator for the New Life Clinic, Opioid Treatment Program located in Ukiah, California.

Fee: \*NHADACA Members: Free \*Non-Members \$15; 1 NBCC hour included

For registration information contact: 603-225-7060, training@nhadaca.org



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